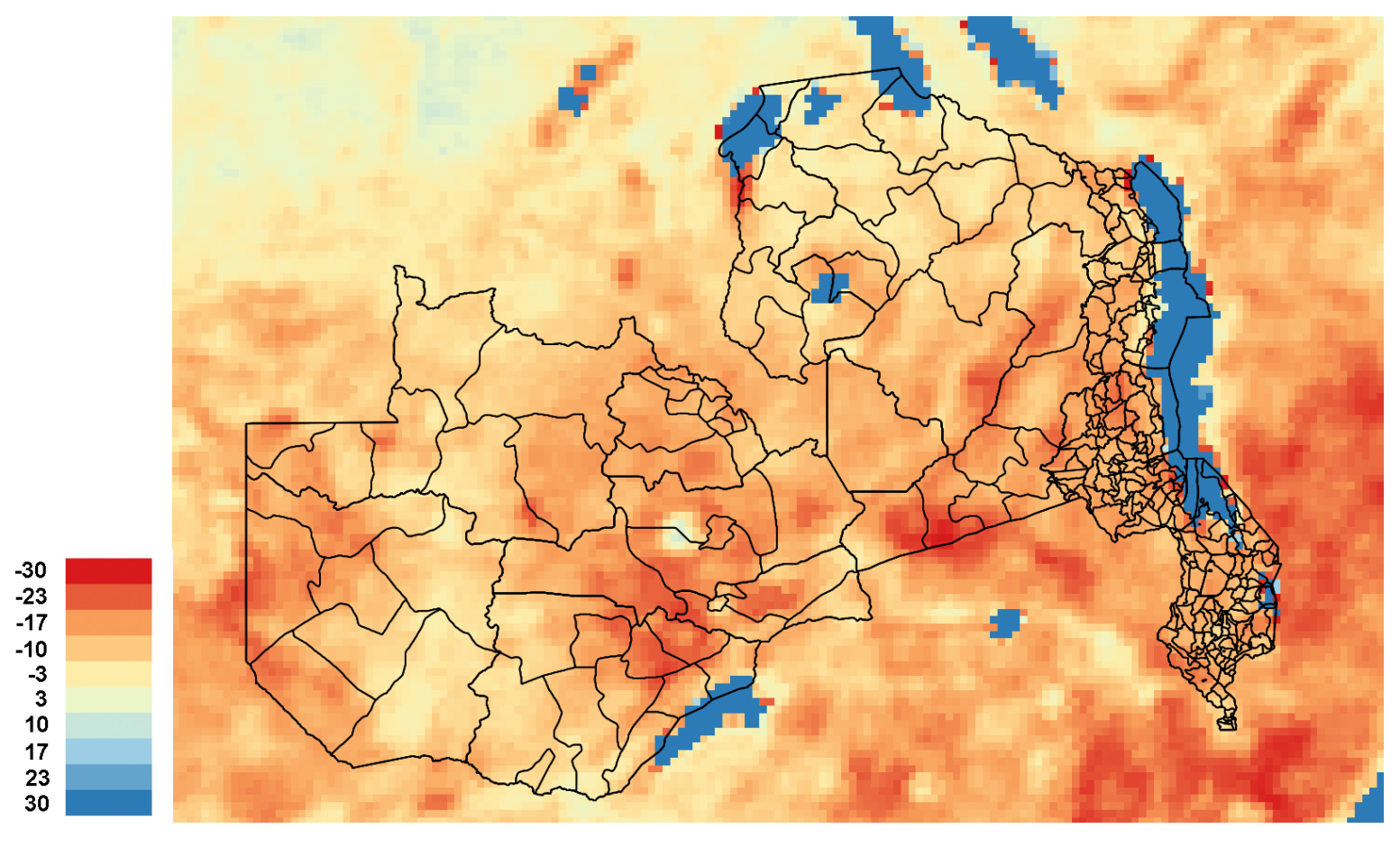

-30
-23
-17
-10
-3
3
10
17
23
30